



MINNEAPOLIS
HEART
INSTITUTE®



ABBOTT
NORTHWESTERN
HOSPITAL

Allina Hospitals & Clinics

Dear Patient, Family, and Friends,

Welcome to the Minneapolis Heart Institute® at Abbott Northwestern Hospital Cardiovascular Laboratory. Our goal is to make your experience as smooth and positive as possible. We hope our expertise and our compassionate care will put you at ease. We are committed to keeping you informed throughout your experience with us.

Please plan to spend your day with us. It is a good idea to bring a good book, newspaper, laptop computer, iPod, deck of cards, etc. to pass the time. You may need to stay overnight, so pack a light bag and bring it with you (you may initially leave it in your car).

You have been given a scheduled arrival time, but we ask you to understand that there may be delays prior to the start of your procedure. There are many possible causes for this, but two important ones are worth highlighting. The first is that we offer you the convenience of diagnosing and treating your heart problem in a single procedure. Although the diagnostic portion of the procedure may take only a short time, the treatment portion of the procedure could take 1 to 3 hours. This unpredictability in the treatment time may cause the procedures that follow to be delayed.

Another cause of delays is that any time, a patient may arrive in our Emergency Department or arrive by helicopter with a heart attack. Because that is a medical emergency, we ask that you understand the need to treat these patients first.

Your nurse will communicate with you when there are delays, and we will make every attempt to minimize your wait. We appreciate your patience. Please tell us if there is anything we can do to help you prior to your procedure. Thank you for choosing the Minneapolis Heart Institute® for your cardiovascular care.

The Physicians, Physician Assistants, Nurse Practitioners, Nurses, and Technologists of the Prep/Recovery Unit and Cardiovascular Lab