Initiation of Targeted Temperature Management (TTM) after Cardiac Arrest ("Cool It")

**Inclusion Criteria**
- ROSC within 60 min
- Non-traumatic arrest
- Unable to follow simple commands

**Exclusion Criteria**
- Active bleeding
- DNR/DNI
- Chronic coma/vegetative state prior to arrest
- Persistent hypotension despite pressors

**Resuscitated Cardiac Arrest**
- Continue resuscitation per appropriate protocol
- Pt meets criteria for TTM
  - Expose Pt
  - Obtain EKG
  - Obtain Core Temp
  - If $< 34^\circ C$
    - Continued temp checks every 10 minutes
  - If $> 34^\circ C$
    - Apply ice packs to neck, groin, and axilla
- Contact Minneapolis Heart Institute® (612-863-3911)
- If meets Level One STEMI criteria and cardiac arrest, transfer directly to cath lab.

**YES**
- Aspirin 300 mg rectally
- Heparin loading dose of 50 units/kg (max 4,000 units IV push).
- Plavix 600 mg OR Ticagrelor 180 mg per OG tube, if placement verified per chest x-ray.
- No thrombolytics.
- Transport to Abbott Northwestern with frequent temperature checks (every 10 minutes).

**NO**
- Repeat 12 lead EKG every 15 minutes, transport

24/7 Cardiologist
612-863-3911